### **TEEN XTREME 5 DAY CAMP**

MONDAY – We are going ZIP-LINING! At the Adventure Park in Storrs, CT. <u>The bus leaves the</u>
 Community Center at 8:30am & returns at 4:00pm. <a href="http://storrsadventurepark.com/">http://storrsadventurepark.com/</a>

!!!Please make sure we have a valid email address! The waiver for this trip will be sent a few weeks

before and the completion of the form ONLINE prior to the day of the trip is mandatory to attend!!!

\*Remember that sneakers and socks are required & Bring money for lunch on our way back\*

#### O ADVENTUREPARK RULES & REGULATIONS:

While Using the Park you must:

- Use all equipment safely and as directed.
- Always have at least one carabineer attached to a marked attachment point.
- Start with a yellow or green ropes course. A blue ropes course must be used before going on any black course.
- Never use an element when another person is on it—one person at a time.
- Never have more than 3 people on a platform.
- Never switch from your current course to another until you have completed the current course.
- Weigh less than 265 lbs.
- Wear closed toed shoes or sneakers. No sandals or flip-flops.
- Never be under the influence of alcohol or drugs.
- Not carry phones, cameras, or any other objects that may fall or distract you or others.
- Not use any ropes course with loose hair, clothing, or objects that can get caught in ropes or zip lines.
- · Not smoke in the park.
- Carry out all objects that you bring into the park, including all trash.
- When in doubt, ask a Park Monitor for assistance.
- Obey instructions given by Park Monitors.

The management reserves the right to ask anyone in breach of these rules to leave The Adventure Park. During extreme weather conditions, you may be asked to evacuate the Park.

#### What clothing should I wear?

Wear fitted clothing that does not allow anything to hang loose or get tangled in cables and rope. Long hair should be in hair tie, and jewelry should not be left loose. Sneakers or hiking shoes are recommended. Flip-flops, open toe shoes and sandals are not acceptable.

- <u>TUESDAY</u>- Off to SIXFLAGS in Agawam, MA. <u>Bus leaves Community Center 7:30am\_sharp and</u>
   returns at 9:00pm. <u>www.sixflags.com</u>
  - Bring bathing suit and towel for water park.
  - o Bring a snack for the ride to Six Flags.
  - o Remember to bring sun block
  - Lunch and dinner are included but feel free to bring money for lockers and arcades.
- WEDNESDAY We are going to Adventureland in Narragansett. Mini Golf, Go-carts and Bumper boats! We will stop at Warwick mall food court for lunch (bring money or bagged lunch) Then we are off to Launch Trampoline Park! Launch requires LAUNCH socks, you can buy them for \$2.50 or you can bring them if you already own them. Bus leaves the Community Center at 9:30am and returns at 7:00pm. Additional waiver required for this trip.. http://adventurelandri.com/ & launchri.com/
  - Remember to bring bagged snack or money for snacks and sun block for the first half of the day.
- <u>THURSDAY</u>- WATER COUNTRY! We are on our way to Portsmouth, New Hampshire. <u>Bus leaves Community Center at 7:00am sharp & returns at 8:30pm.</u> Do not be late!

  Refer to rules and policies online <u>www.watercountry.com</u>
  - Bring a snack for the ride up to New Hampshire.
  - o Bring bathing suit, towel and sun block.
  - o Bring money for lockers.
  - Bring money for dinner on trip back to RI.
- <u>FRIDAY</u> <u>Bus leaves Community Center at 8:15am to 6:45pm.</u> We're off to BLOCK ISLAND.
   Banana Boat ride is included. <u>Additional waiver required for this</u>
   <u>trip.</u>http://www.blockislandinfo.com/island-events/block-island-parasail-and-watersports
  - o Bring bathing suit, towel, sunscreen and hat.
  - o Bring money for shopping and lunch.

# Have Fun And Play Safe

# Teen X Check List

- √ Registration Form
- ✓ Parent Authorization form completed, notarized and returned to Rec Office
- ✓ Launch Waiver
- ✓ Block Island Waiver
- ✓ Recreation Waiver
- ✓ Valid Email Address provided to receive online waiver link for Adventure Park
- ✓ Parent Handout printed as a reminder of what to send each day
- √ T-shirt size provided/extra purchased if wanted. These T-shirts are required EVERYDAY of
  the trip and are a different color each week