

NORTH KINGSTOWN RECREATION FALL and WINTER PROGRAMS

You may register for all activities online

<https://nkrec.recdesk.com/Community> by mail 100 FAIRWAY DRIVE,
NORTH KINGSTOWN, RI 02852 or at our office. Please make
checks payable to: **TOWN OF NORTH KINGSTOWN.**

FOR MORE INFORMATION CALL 268-1540 OR E-MAIL

kbodington@northkingstown.org VISIT OUR WEBSITE at

<https://www.northkingstown.org/390/Recreation>

RECREATION RAIN/SNOW LINE 268-1543

Our Office IS open 8:30am-12pm, Closed 12-1, Open 1:00pm-4:30pm M-F



For up to date North Kingstown COVID-19 Response visit <https://www.northkingstown.org/775/5865/Covid-19>

We at NK Rec take your health and safety very seriously. We will be abiding by the State COVID Guidelines that are subject to change. Please only send ONE guardian with child for program. Children and Staff must wear a mask. Please have hand sanitizer available for individual use. There will be a screening at drop off, including temperature taking, please allow yourself an extra few minutes. If your child has a temperature or answers yes to any of the following questions, they will not be allowed to participate in the program that day:

- Are exhibiting any symptoms of the coronavirus: mild to severe respiratory illness with fever, coughing, difficulty breathing, or other symptoms identified by the CDC.
- Have been in contact with someone with COVID-19 in the last 14 days.
- If you have a serious underlying health condition, including high blood pressure, chronic lung disease, diabetes, obesity, asthma, or whose immune system is compromised parental discretion for participation will be advised
- Pre-registration is required for all programs in order to provide accurate contact tracing when applicable
- All programs subject to change at the Governors recommendations

Pickleball FREE Drop in at Wilson Park: email Barbara barbjnich@gmail.com for more info and to be added to the mailing list

ONLINE CODING NEW PROGRAM: Do you like Video games? We can teach you how to make your very own video game! Register today for this online 7-week journey starting 9/23 \$95.00 one hour per week 7 weeks from HOME!

ONLINE CHESS NEW PROGRAM: Have you ever wanted to learn chess? Have you ever wanted to be the best player in chess? Register today for this online 7-week journey starting 9/22 \$95.00 one hour per week 7 weeks from HOME!

GIRLS FALL SOFTBALL: HITTING CLINIC 6-18U Pre registration mandatory. Take your hitting to the next level: small groups to allow for individual instruction. Sept 12,19,26 at Wilson Park. Fees: One day \$40.00 NR \$44 // Two days \$65.00 NR \$72 // All Three \$95.00 NR \$104.00

GIRLS' FIELD HOCKEY (\$90.00 & \$50.00 fee) All Field Hockey is held at North Kingstown Recreational Fields (at the intersection of Babcock Rd and Cross Park Av), NK 02852. REGISTER NOW, SPACE IS LIMITED MON AND WED: AUGUST 12TH THRU OCTOBER 28TH, GRADES 3-5 @ 5:30 PM TO 6:30 & GRADES 6-8 @ 6:30 PM TO 8:00 PM Tuesdays: August 11th – September 29th 5:50 – 6:30, Grades K-2

YOUTH WRESTLING CLINIC AGES 6 TO 13 (\$55.00 fee) Coached by NKHS wrestlers and coaching staff. The focus in this clinic is fun fundamentals, athleticism, and conditioning. NO CONTACT drills. Starts Sat. 9/12 – 10/10, 11:00- 12:00

FALL TENNIS CLINIC: (\$100.00 & \$50.00 fee) ages 5-14 Runs 9/12 – 10/10 PRE-registration required

HOME ALONE CLASS (\$50 FEE) COLD SPRING COMMUNITY CENTER for Ages 10 TO 14: October 5th 6:00 – 9:00PM

HOW TO BE A GREAT BABYSITTER (\$80 FEE): COLD SPRING COMMUNITY CENTER, 2 NIGHT CLASS: 9/21 & 9/28, 6:00 – 9:00, Ages 11 and up

NK COMMUNITY YOUTH CHORUS VIRTUAL (FEE \$20) SCHOLARSHIPS ARE AVAILABLE : September 22, 2020 @ 5:30. Grades 3-8 –Website: www.nkchorus.org or 573-7564 or hskidds@gmail.com,

AFTER WORK EXERCISE CLASS & ADULT YOGA SESSIONS HELD AT THE COLD SPRING COMMUNITY CENTER. CONTACT THE OFFICE FOR MORE INFORMATION (will resume as soon as we safely can) For Zoom Yoga option please email gsalzberg@gmail.com

YOUTH BASKETBALL: Grades K-4 Fall outdoors (replacing our indoor winter program this year), Grades 5-8 TBA. Saturdays (9/5-10/31), McGinn Park, please see registration for times for each Grade, fee is \$55 (Nonresident \$60)

SOFTBALL PITCHING CLINIC-PRE-REGISTRATION MANDATORY- All levels welcome; Wednesday September 23. 30, Oct 7, 14; 5:30 – 6:30 at Ryan Park Woman's Field

Fall Running Workouts- Improve your Running conditioning. Fee \$20, (nonresidents \$22). Tuesdays and Thursdays 5:15 – 6:15 at NKHS practice fields. **GRADES 4-8 meet SEPT 3-22 GRADES K-3 meet Sept 22-Oct.8**
More sessions to follow under lights

YOGA ON THE BEACH- Any age, 8/28-9/25 730a-830a \$5.00 drop-in rate

Winter Program Announcements More Info Coming Late Fall:

Indoor Track * Badminton Ages 12+ * Youth Basketball Travel Leagues * Youth Basketball Grades 5-8 * Men's Basketball League * Men's 30 And Over & Men's 50 And Over Basketball * Busy Bodies * Coed Volleyball Ages 16+ * Youth Gymnastics * Art & Crafts Program K-5

North Kingstown Golf Course is OPEN! Please call ahead for Tee Times 294-0684
<https://www.northkingstown.org/723/About-NKGC>

OTHER USEFUL PHONE NUMBERS & WEBSITES:

KINGSTOWN YOUTH FOOTBALL	447-5532	nkjaguars@squadfusion.com/ nkjagsfootball@gmail.com
NKSA & OSS (now one league)	372-7117	www.osnkunited.com
NKW LITTLE LEAGUE		nkwill.com
LACROSSE	1-617-435-0085	nklacrosse.org
NK MUNICIPAL GOLF COURSE	294-0684	www.northkingstown.org
ALLEN HARBOR	294-1212	www.northkingstown.org
NK FLAG FOOTBALL	1-508-308-2857	nkflagfootball.com

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